DeFeet.org

Mental Health Awareness and Suicide Prevention

Annual 5K Walk/Run

Saturday, September 21, 2019

Check-in at 8:00 a.m. ~ Walk/Run at 9:00

$20 Registration Fee

T-shirt for each registration received by 9/6/19.

If you would like to make a memorial sign to place along the walk, poster boards will be available to pick up at Impact Signs starting September 3 for you to decorate.

Walk is held on the Katy Trail, beginning at the shelter on Clarendon Road, west of the MO State Fairgrounds. (This is not a timed race. It is an event to honor those lost and support the survivors.)

Please "Like" our Facebook page: DeFeet.org

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Registration

Print Name:_____ Email:_____

Address:_____

T-Shirt Size (circle one): Adult - S M L XL 2XL 3XL Youth – YS YM YL

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators, waive and release any claims that I may have against this event or any of the sponsors. I certify that I am physically able to participate in this event. I grant permission for any and all of the forgoing to use any photographs or recordings or any other record of this event for any purpose whatsoever.

_____ Date_____

Participant Signature

_____ Date:_____

Signature of parent or guardian if under 18 years of age

Mail forms to DeFeet, PO Box 135, Sedalia, MO 65301 or drop off at Impact Signs.

Email: info@defeet.org